

INSPIRING IDEAS FOR EVERYDAY LIVING



Traditional Irish Soda Bread

By Christine Picheca

82 people added this to their Recipe Box

If you think you can't bake bread, you have to try this Irish Soda Bread recipe. You'll impress yourself and have a fresh-baked loaf in under an hour from start to finish.



This recipe makes 1 loaf servings

change servings

To change the number of servings, enter the number of servings you'd like in the box below, then press "calculate".

• Calculate

• or revert to original portions

Ingredients

- 4 cups (1 L) all purpose flour, (can substitute 1/2 the all purpose flour with whole wheat)
- 1 tbsp (15 mL) granulated sugar
- 1 tsp (5 mL) baking soda
- 1 tsp (5 mL) salt
- 2 cups (500 mL) buttermilk

Preparation:

Watch us cook this recipe in our Test Kitchen Video: Traditional Irish Soda Bread >>

In a large bowl, whisk together sugar, baking soda and salt. Make a well in middle of the flour, and add buttermilk all at once.

Use your hands to mix buttermilk into flour to form a soft dough. Turn dough out onto lightly floured surface. Lightly knead the dough a few times to make a smooth ball.

Place loaf onto parchment-lined or greased baking sheet. With sharp knife, score a large 'X' on the top of the dough. Bake in the centre of a 425 F (220 C) oven for about 35 minutes. The loaf is done when browned and sounds hollow when tapped on the bottom. Serve warmed with butter and honey.

Additional Information:

• Spotted Dog Variation:

Add 1 cup (250 mL) raisins or currants and 1 tsp (5 mL) caraway seeds (optional) to the flour



Suggested Recipes

- Lemon Poppy Seed Sour Cream Cakes
- Urad Dal & Garlic
 Roti
- Interstellar Pizza
 Strips
- Meaty-orites
- Bola with Ham

1 of 2 3/13/10 9:25 AM

0 comments
Newest to oldest 🗘
No comments yet.
• Login
E-mail address
•
Password
•
Login



For more great recipes when you're on the go, get Canadian Living Mobile!

Access *Canadian Living*'s Tested Till Perfect recipes anytime, anywhere -- and best of all, it's FREE! Get it now: visit <u>m.canadianliving.com</u> on your BlackBerry® or iPhone™.

2 of 2 3/13/10 9:25 AM